



XXII European Armwrestling Championships

Gdańsk, Poland, Hall AWFIS 13-20 may 2012



XXII European Armwrestling Championships
Gdańsk, Poland, Hall AWFIS 13-20 may 2012



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.arpower.net

POLAND



Poland, the Republic of Poland, the country of a population of over 38 million people located in middle Europe, between the Baltic Sea in the north and the Carpathians and the Sudetes in the south in the basin of the Vistula and Oder rivers. From the west, it is bordered by Germany, from the south by the Czech Republic and Slovakia, from the east by Belarus and Ukraine, from the north east and north by Lithuania and from the north by the Russian exclave called the Kaliningrad Oblast. Moreover, the most of the northern boundary of Poland is set by the Baltic Sea coast. Polish exclusive economic zone in the Baltic Sea is bordered by zones of Denmark and Sweden.

Poland is a developing country, a member of many international organizations. Poland belongs among others to the European Union, NATO, UN, World Trade Organisation, the Organisation for Economic Cooperation and Development, the European Economic Area, the International Energy Agency, Council of Europe, Organization for Security and Cooperation in Europe, the International Atomic Energy Agency and the G6. Moreover, Poland is one of the Schengen Agreement and is seeking to join the Euro Zone and the European Space Agency.

GDANSK



Gdansk - a port city in Poland by the Baltic Sea, situated at the mouth of the Motlawa river to the Vistula river by the Gulf of Gdansk, on the Gdansk Coast. Together with Gdynia and Sopot it forms Tricity. It is the cultural, scientific, sports and economic centre transportation junction of northern Poland, the capital of Pomerania. Gdansk agglomeration is inhabited by about 1.2 million people.

Hospitable Gdansk invites you to the charming streets and historic interiors, sea beaches and sailing routes, comfortable hotels, elegant restaurants and charming cafes. There are several theatres, a philharmonic hall, an opera house, a summer music scene, three multiplexes and several smaller cinemas, popular clubs, pubs and discos in the city. Numerous museums, concerts, fairs, exhibitions, street theatres complete the cultural offer, in which everyone depending on interests and moods, can find something interesting for themselves.

In Gdansk apart from the 22nd European Armwrestling Championship also the European Football Championship 2012 will take place. The city is also a candidate to win the title of the European Capital of Culture in 2016.

GDANSK - SOPOT - GDYNIA PUBLIC TRANSPORTATION:



Tricity is connected by a network of roads and railway. The most advanced transport are buses, taxis and SKM – Fast City Railway. SKM run frequency in the Tricity in peak hours is 7-8 minutes, and off-peak 15 minutes. Tricity has a common electronic metropolitan ticket covering all carriers in the Tricity.



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.arnpower.net

PLACE OF THE CHAMPIONSHIPS SPORTS HALL:



AWFiS Hall
Kazimierz Gorski 1 Street
80-336 Gdansk, Poland

The 22nd European Armwrestling Championship will be held in the most modern Sports - Entertainment Hall in Pomerania of the Academy of Physical Education and Sport. The area of the hall is 2000 m², it is 38m wide and 52m long and can accommodate over 2000 people. Major sports, economic and artistic events in the Tricity are held and leaders of the international business meet in this hall.

AIRPORT:



Tricity has its own International **Lech Walesa Airport in Gdansk** (Gdansk Rebiechowo International Airport - **GDN**). The airport is situated in a convenient location from urban centres of Gdansk (10 km), Sopot (10 km) and Gdynia (23 km). Gdansk airport is also an aerodrome for the Warsaw Okecie.

TRANSPORT: AIPORT – HOTEL - AIPORT



20 Euro per person

ACCOMMODATION:



MIRAMAR



Participants of the 22nd European Armwrestling Championship will be accommodated in hotels: Miramar Hotel, Villa Aqua Hotel, Arkon Park Hotel which are located close to the shoreline of the Baltic Sea.

- All queries / requests on accommodation are to be forwarded to: anna@mazurenko.pl
- Please provide dates of arrival to / departure from Poland
- Please provide passport number, date of birth if you need apply for visa.



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.armpower.net

Hotel Miramar

ul. Zamkowa Góra 25
81-713 Sopot

Room prices:

Single room (breakfast included) - 300 pln
Double room (breakfast included) - 350 pln
3-persons room (breakfast included) - 400 pln
4-persons room (breakfast included) - 500 pln

- there is possibility to buy dinner
Additional price 40 pln / person



Hotel is placed in the middle of TriCity – Sopot Kamienny Potok on the border with Gdynia.

More info:

- 200 m to the see
- 1,5 km from Sopot Center and the most famous Molo in Europe
- 20 m from Aquaparku
- 1 km to many Night Clubs
- 6,5 km to Sport hall AWFIS Gdansk

Hotel Villa Aqua

ul. Zamkowa Góra 35
81-713 Sopot

Room prices:

Single room (breakfast included) – from 340 pln
Double room (breakfast included) – from 390 pln

- there is possibility to buy dinner
Additional price 45 pln / person



Hotel is placed in the middle of TriCity – Sopot Kamienny Potok on the border with Gdynia.

More info:

- 100 m to SKM (train)
- 50 m to busses
- 18 km to Lecha Walesy Airport in Gdansk-Rebiechowo
- 10 km to Ferry Port

Hotel Arkon Park

Ul. Slaska 10
80-384 Gdansk

Room prices:

Single room (breakfast included) – od 300 pln
Double room (breakfast included) – od 340 pln

- there is possibility to buy dinner
Additional price 40 pln / person



Modern design. Rooms with LCD TV, satellite TV and coffee and tea preparation sets. Internet connection for free. Sport and recreation center.

More info:

- 500 m to SKM (train)
- 200 m to busses
- 12 km to Lecha Walesy Airport in Gdansk-Rebiechowo
- 3,5 km to the see
- 10 km to Gdansk Center and Old Town
- 3 km to sport hall - AWFIS Gdansk



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.armpower.net

ORGANIZER'S COMMITTEE:



Federacja Armwrestling Polska

Okrzei 18/7 Street
81-245 Gdynia
Poland,

Office:

Phone / Fax: +48 58 621 93 08 (English, Russian and Polish speaking)
e-mail: armwrestling@world.pl

Phones:

Anna Mazurenko (English, Russian and Polish speaking):

Phone: + 48 603 55 48 55,
e-mail: anna@mazurenko.pl

Marcin Mielniczuk (English, Russian and Polish speaking):

Phone: +48 601 612 400,
e-mail: marcin@eaf-armwrestling.com

Igor Mazurenko (Russian and Polish speaking):

Phone: + 48 601 821 467,
e-mail: igor@mazurenko.pl

PRESS OFFICE:



Paweł Podlewski

Phone: + 48 603 603 880,
e-mail: pawel@mazurenko.pl

www.arnpower.net

www.eaf-armwrestling.com



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.arnpower.net

SCHEDULE OF EVENTS: 4 COMPETITION DAYS



Sunday - 13th of May 2012

Teams arrival

Monday - 14th of May 2012

Teams arrival

09:00 - 13:00 - Team registration - AWFIS Hall

15:00 - 16:00 - Technical Meeting - AWFIS Hall

17:30 - 20:00 - Congress meeting - AWFIS Hall

Tuesday - 15th of May 2012

10:00 - 15:00 - Weigh-in Juniors, masters, disabled - AWFIS Hall

15:00 - 18:00 - Referee meeting - AWFIS Hall

Wednesday - 16th of May 2012

09:00 - Opening ceremony - AWFIS Hall

09:30 - 15:00 - Qualification

- juniors left hand,

- masters left hand,

- grand masters left hand,

- disabled left hand

16:00 - Finals and awards ceremony

Thursday - 17th of May 2012

09:00 - 15:00 - Qualification - AWFIS Hall

- juniors right hand,

- masters right hand,

- grand masters right hand,

- disabled right hand

10:00 - 15:00 - Country weigh-ins (seniors, men, women)

16:00 - Finals and awards ceremony

Friday - 18th of May 2012

09:00 - 15:00 - Qualification - AWFIS Hall

- Seniors, men and women - left hand

16:00 - Finals and awards ceremony after each final

Saturday - 19th of May 2012

09:00 - 15:00 - Qualification - AWFIS Hall

Seniors, men and women - right hand

16:00 - Finals and awards ceremony after each final

22:00 - Party

Sunday - 20th of May 2012

Teams departure



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.arpower.net

TEAM REGISTRATION PROCEDURES:



Country representative:

Only one person will register their team. The Representative will bring with them the following:

Completed Team Registration form
Passports or Photo ID for each competitor

Country fee: 200 Euro
Senior fee: 30 Euro per class per hand
Disabled fee: 30 Euro per class per hand
Junior fee: 15 Euro per class per hand
EAF Licence fee: 5 euro per person

EAF Representative will then:

Issue Country Number
Issue a Weigh-in Time
Photocopy each passport
Accept Registration Form
Accept Individual Registration fees
Accept Country Registration Fee
Prepare Official Receipt

All teams are obliged to fill online registration (www.eaf-armwrestling.com) form and send their registration forms (PDF file) to the General Secretary of EAF (armwrestling@armwrestling.pl) and Director of Scoring (pv@mail.t-com.sk) till **29th of April 2012**.

The registration order depends on the time of receiving of the registration forms from the General Secretary of EAF.

TEAM WEIGH-IN PROCEDURES

The weigh-in order depends on the time of receiving of the registration forms.
The first received registration form receives the right to be first at the weigh-in and so on.
Each country will come to Weigh-ins in the following order:
Team Captain will be present with the Team to answer any questions.

Weigh-ins:

Ladies 50, 55, 60 kg and continue...
Men 55, 60, 65 kg and continue...



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland

Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.arpower.net

Please note:

If a competitor does not make weight, they have until 15:00 to make weight
A test scale will be made available for competitors.
A Competitor only has two shots at official weigh-in scale
A Competitor may only weigh-in between other countries

Official Event Badges:

Once the competitor has weighed-in, they will have a picture taken for their Official Competitor Badge.
The Competitor can then leave the Weigh-in area
The Team Captain will wait till all team pictures have been taken
Once the full Team is completed the Team Captain will receive all competitor badges at the evening of weight in day.
Any Team Officials (Referee, President and Coach) with a Country must be present at Weigh-ins to have photo and badge prepared. Badges must be worn all the time during competitions days.

WEIGHT CLASSES:

YOUNGSTER Division:

Boys Left Hand: 50, 55, 60, 65, 70, 80, 80+ kg
Boys Right Hand: 50, 55, 60, 65, 70, 80, 80+ kg
Girls Left Hand: 45, 50, 55, 60, 70, 70+ kg
Girls Right Hand: 45, 50, 55, 60, 70, 70+ kg

SENIORS Division:

Men Left Hand: 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 110+kg
Men Right Hand: 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 110+kg
Women Left Hand: 50, 55, 60, 65, 70, 80, 80+ kg.
Women Right Hand: 50, 55, 60, 65, 70, 80, 80+ kg.

DISABLED Division:

Men Disabled Left Hand: 60, 75kg, 90kg, 90+ kg
Men Disabled Right Hand: 60, 75kg, 90kg, 90+ kg
Women Disabled Left Hand: 60, 60+ kg
Women Disabled Right Hand: 60, 60+ kg

MASTERS Division:

Men Masters (>40 years old) Left Hand: 70, 80, 90, 100, 100+ kg
Men Masters (>40 years old) Right Hand: 70, 80, 90, 100, 100+ kg
Ladies Masters (>40 years old) Left Hand: 60, 70, 80, 80+ kg
Ladies Masters (>40 years old) Right Hand: 60, 70, 80, 80+ kg
Men Grand Masters (>50 years old) Left Hand: 75, 90, 90+ kg
Men Grand Masters (>50 years old) Right Hand: 75, 90, 90+ kg



Patronat Honorowy
Prezydent
Miasta Gdańska
PAWEŁ ADAMOWICZ



ORGANIZER:
FEDERACJA ARMWRESTLING POLSKA
Okrzei 18/7 Street, 81-245 Gdynia, Poland
Phone/fax: 00 48 58 621 93 08
e-mail: armwrestling@world.pl
www.arnpower.net